



A Therapeutic Touch by Tami LLC

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By Appointment Only

BizSnaps

A Snapshot look at local businesses

Tami Goldstein
Owner/Massage &
CranioSacral Therapist
Business started April 2005

Describe your products/services: CranioSacral Therapy & Therapeutic Massage combined with our individualized approach to support pain relief & promote therapeutic healing.

What do you do, product, service or philosophy, which differentiates you from your competitors?

CranioSacral Therapy, a light touch approach, allows the Therapist to use delicate manual techniques to release problem areas throughout the body. CranioSacral Therapy addresses soft tissue structures in addition to muscles and acts to improve Central Nervous System function.

How did you get interested and/or started in this business? An Occupational Therapist who specialized in Sensory Processing Disorders recommended it for my daughter. My daughter, now 20, has functioning recovery of her Autistic Spectrum Disorder, Asperger's Syndrome. Regular CranioSacral Therapy sessions helps maintain her functioning recovery by improving and maintaining her Central Nervous System function. I wanted to provide the benefit of CranioSacral Therapy to others.

What kind of training or background do you have? I am State and Nationally Certified in Therapeutic Massage & Bodywork. I have also received specialized training by the Upledger Institute in CranioSacral Therapy & Somatic Emotional Release as well as training in the Kolden Technique, Neuromuscular, Reiki, (Master/Teacher), and Infant Massage instruction. I mentored with an Occupational Therapist who specialized in Sensory Processing Disorders and utilizes CranioSacral Therapy.

What have you learned from this business? I have learned from this business how effective bodywork is and its role in overall wellness.

What are your future plans for your business? You go to a "spa" for relaxation; why not A Therapeutic Touch by Tami LLC for pain relief or therapeutic bodywork; that's our specialty.

What or who has had the most influence in the way you do business? My daughter, on her journey towards wellness; I learned to think outside the box...to be open minded. I've approached my business the same way and I recently opened a 2nd office in Delavan, WI.

Do you have a favorite saying that applies to your business? CranioSacral Therapy training taught me time is your ally. Take the time; you deserve to be well and to live a pain free lifestyle.

What have been some of the challenges you've faced and how did you work them out? Many of our clients have tried other more traditional bodywork techniques, but were still in discomfort. They were open minded enough to continue to look for something else or were referred by their chiropractor or doctor. CranioSacral Therapy improves central nervous system function. Once experienced, those improvements speak for itself.

What do you find most rewarding about this type of work? Seeing clients pain free from various back, neck or spine issues, or clients experiencing improvement with OCD, chronic seizure or anxiety disorders is rewarding, but the most rewarding are the benefits to the children on the Autism Spectrum and with Sensory Processing Dysfunction. These are the clients that touch me the most. I've had a 6 year old boy with Asperger's Syndrome (High Functioning Autism) begin to speak after receiving CranioSacral Therapy. I've had numerous children ages 5-13 with chronic bedwetting issues no longer bedwetting. There's nothing more rewarding than when you help one of these children and they look you in the eye (eye contact is something most can't do), and they smile. You know you made a connection and made a difference in their lives.

Tell us about your customers. My clients are people just like you; they range in age from newborn to 96.

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